

Coach Education



County Coach

The course has two main functions:

1. to prepare the candidate for coaching from county to regional level
2. to prepare the candidate to deliver the Club Coach Course

Course Duration: 4 days plus 1 day assessment

Assessment: Candidates must deliver a section of the club coach course under observation and complete a 9 week coaching diary of work with a shooter showing the planned development outlined on the course.

Context: Takes on discipline from prior Club Coach qualification
(i.e. if you are a Club Coach for airgun then you become County Coach for the same discipline)

Entry Requirements: NSRA Life or Annual member
Range Conducting Officer qualification
Club Coach qualification

Pre-course Reading: Club Coach Course notes
(issued on receipt of registration) British Shooting / NSRA documents

Course Detail:

- Evaluation
- Goal Setting
- Planning
- Tracking/Diaries
- Re-evaluation
- Warm Ups
- Physical Training
- Psychological Skills
- Delivery of Club Coach Course
- Use of Electronic Training Aids (Scatt, Noptel etc.)
- Use of Video
- Assessment Briefing