



LSRA Coaching Committee - Overview

One of the key aims of the LSRA is to develop the sport of small-bore target shooting within Lincolnshire; as a result the Coaching Committee was established with the prime objective of providing the necessary support.

Simplistically, the activities of the Coaching Committee boil down to two key elements the first is to supply coaching support to the affiliated clubs and their members in the county. To do this, a necessary requirement is to get qualified Range Conducting Officers (RCO's) in place with each club and to encourage all Lincolnshire clubs to get qualified scorers, instructors and coaches in place to help all participants to develop and hone their skills.

The second element, as part of the encouragement process, is to help all target shooters in the county to improve their performance. Not only does this make competitive shooting more enjoyable for all, it provides the inspiration to compete at a higher level. On the basis that none of us settle on to a firing point with the intention of shooting badly, we clearly want to do well. Not just for our own self-esteem, but for our club and our county.

When you start to delve into all the necessary activities, the Coaching Committee soon realised it was necessary to carefully plan and put a structure in place that provides a logical approach that makes total sense to all small-bore shooters in Lincolnshire and beyond. To this end, a Coaching Strategy has been developed and is included within this website to make it visible to all.

We shouldn't underestimate the commitment and effort needed to deliver our strategy so we would call on all Lincolnshire Clubs to work with us on this and provide all the support they can.

Some of our keys activities are:

- Set up and run RCO courses
- Set up and run scorers courses
- Run Club Instructor courses
- Run Club Coach courses
- Run improvement days for each discipline (Air pistol/rifle, Prone Rifle, LSR, Benchrest etc.)
- Run County Squad Training Days
- Coaching support for events organised by the County Development Officer

All of the above courses result in full NSRA, nationally recognised qualifications, but the courses will be run within the county, without the need to travel to Bisley and at a cost that's affordable to both the clubs and individuals. We firmly believe that cost should not be a deterrent as the benefits far outweigh them.

The Coaching Committee is fully committed to establishing a structure that allows our sport every opportunity to grow and develop within the county.